

One Year In: Americans' Views on and Trust in Public Health

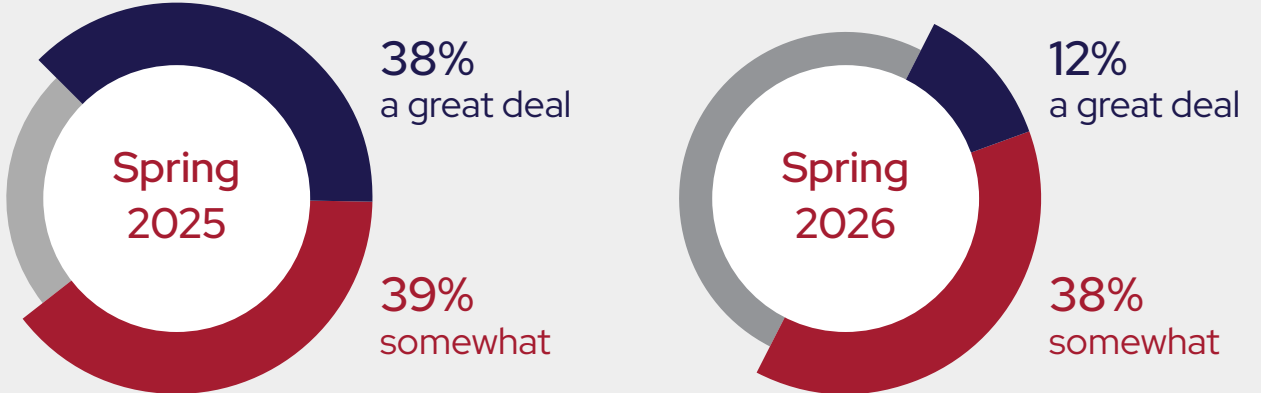


As trust in the CDC drops, U.S. adults continue supporting childhood vaccine policies and endorse new dietary guidance.



A steep drop in trust in CDC recommendations spans most groups, with state and local agencies now more trusted than CDC.

How much do you trust CDC recommendations to improve health?

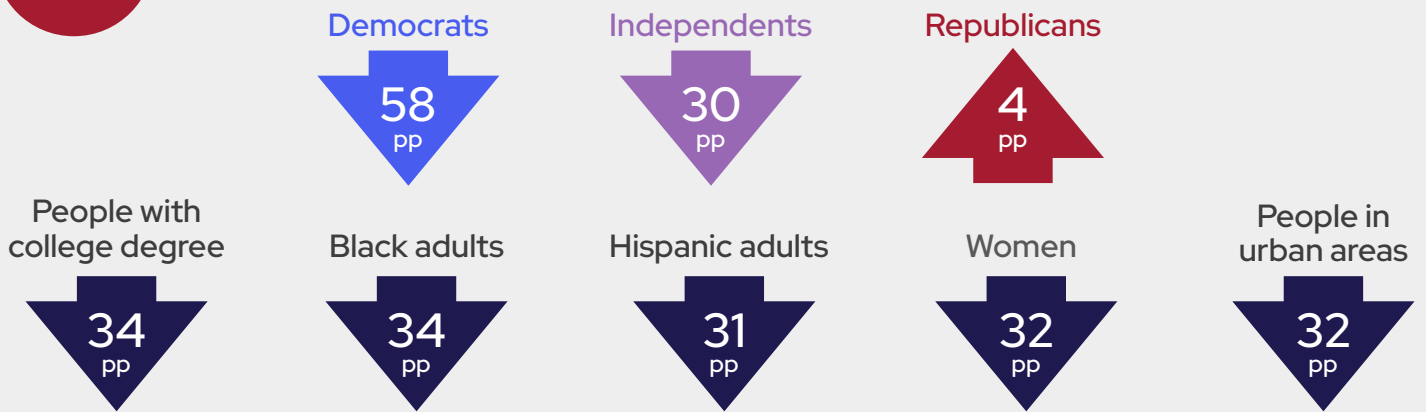


Across groups, a majority still trust their state and local health department recommendations, pointing to new opportunities to lead at the community level.

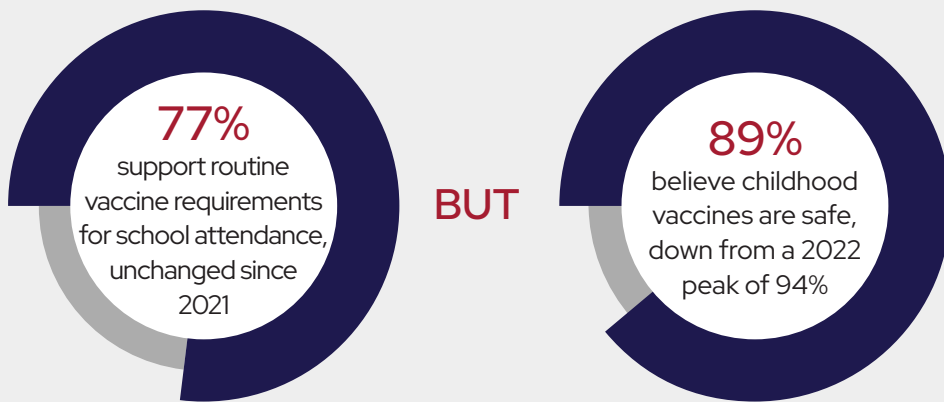


Trust in CDC recommendations decreased across several groups.

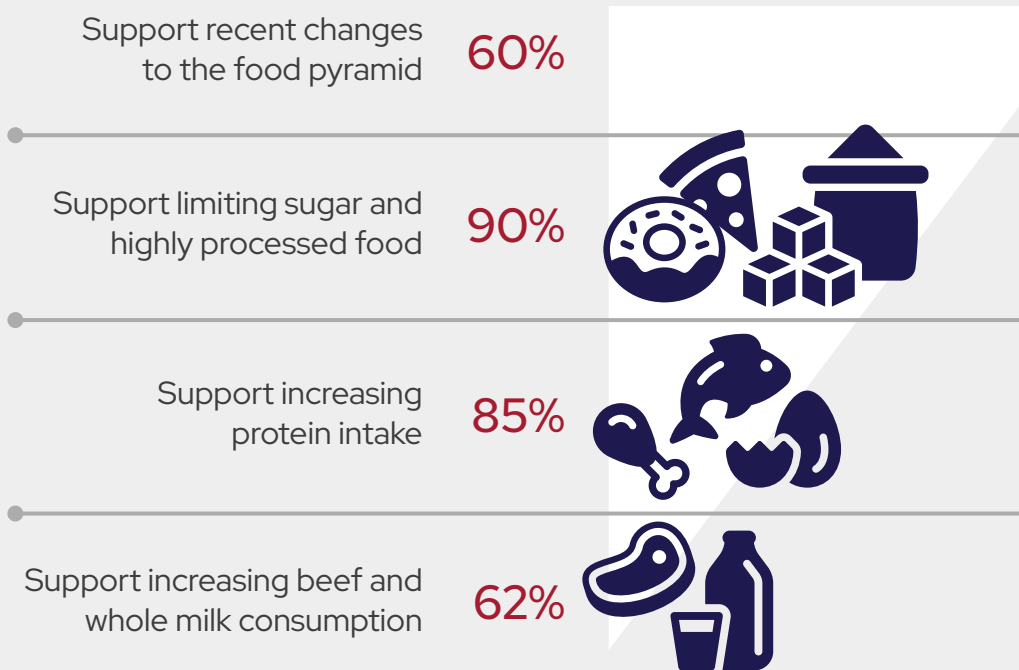
* all numbers represent percentage point (pp) changes in trust.



Support for childhood vaccine requirements is strong but may be softening.



A majority support recent changes to dietary guidelines.



Data from a national poll of 2,205 U.S. adults, conducted by the Harvard Opinion Research Program and the de Beaumont Foundation, March 19 to April 1, 2026.